
AGEIST BEAUTY

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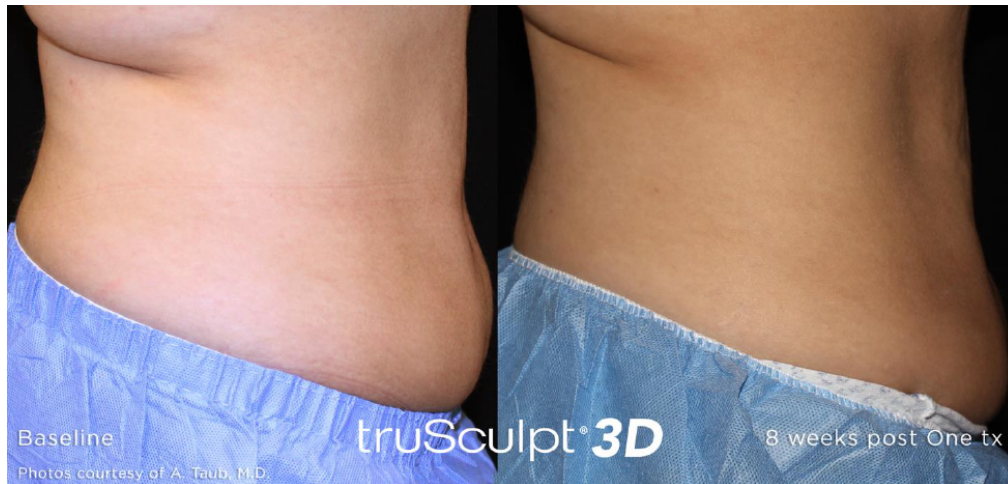
<http://ageistbeauty.com/2017/08/pro-treatment-trusculpt-3d/>

Pro Treatment: truSculpt 3D



Ever since I reached a certain age, nothing about my body seems to be as predictable as it once was. When I was in my early 30's I new that if I had a few cocktails and ate too many carbs, I might gain a few pounds. If I ate more consciously, I'd likely lose. It was fairly easy to achieve the results I wanted based on what I ate. Notice, I'm not even mentioning exercise – that's because I didn't do much of it! A walk here or there, a bike ride or 20 minutes on an exercise were as strenuous as it got.

Now, I regularly exercise, make sure I get a minimum number of steps and am far more conscious of what I eat and drink. Having said that, I am now less concerned with the number on the scale. But, I definitely still want to feel confident in my clothes. If you've followed Ageist Beauty for a while you've seen me try CoolSculpting, i-Lipo, ultrasound cavitation and other treatments in an effort to eliminate stubborn fat that is resistant to diet and exercise.



truSculpt 3D is a new body contouring treatment that delivers up to 24% reduction in fat in a single treatment with no discomfort or downtime. It is the only non-invasive radio frequency system that maintains targeted and uniform heating (other systems get excessively cold or hot followed by a cooling cycle) to areas large and small.

During the 60 minute treatment (in which up to 4 areas can be treated), the truSculpt 3D applicator is used to deliver radio-frequency to the area to be treated, destroying the underlying fat cells. There is no pain during or after the treatment and patients can resume their normal activities. The fat cells are eliminated via the body's natural process. Results are typically seen in 8 – 12 weeks.